



Boiled rice





Ingredients



1

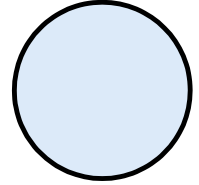
1



cup



rice



2

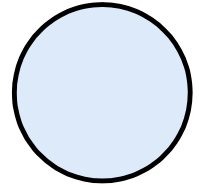
1



cup



water





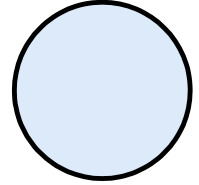
Equipment



1



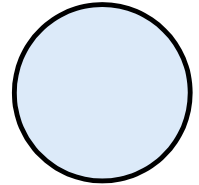
Saucepan with lid



2



Fork





Method



1



Place

1



cup

of



rice

in a saucepan.



2



Add

1



cup

of



water.

3



Place

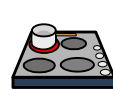
the



saucepan

on the hob

and



boil.

4



Reduce

the



heat

to a



simmer.

5



Put

the



lid

on the



pan.

6

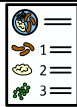


Cook

for



10 minutes.



Method



7



Turn off the heat and leave for 5 - 10

minutes.

8



Stir the rice with a fork.